

April 2024

Oak Hill Grapevine

623 Hamacher St., Waterloo, Illinois, 62298 | Phone number: 618-939-3488



Celebrating April

Lawn and Garden Month

Humor Month

April 1st- April Fool Day

April 4th- Cardinal Home
Opener Celebration

April 8th- Solar Eclipse 2024

April 16th- Wear Pajamas
to Work Day

April 22nd- Earth Day

April 23rd- Full Moon Day

April 24th- Administrative
Professional's Day

April 26th- Pretzel Day for
Staff and Residents

April 30th- Wear Tie Dye
Day



The Rise of Robots



From April 6–14, science and technology geeks will gather for RoboWeek 2024 to explore the future of robots and their place in society. Robots have long fascinated humans. Leonardo da Vinci may have been the first to envision a humanlike robot. The original Renaissance man, da Vinci was a painter, sculptor, inventor, and engineer. He

sketched his idea of a “mechanical knight” and engineered a suit of armor that could be moved by a system of pulleys and levers.

When does a simple machine become a robot? Robots often possess computers that enable them to sense the environment and react accordingly. Also, they are able to move, either by themselves or via remote control. In these ways, robots are truly intelligent machines. From R2-D2 and C-3PO of *Star Wars* to Rosie the robot maid in *The Jetsons*, robots have become an integral part of our vision of the future.

The word *robot* first appeared in 1920, when the Czech writer Karel Čapek wrote a play about a factory that makes humanlike android workers. The word *robot* in Czech means “serf labor,” “drudgery,” and “hard work.”

Today, companies are beginning to manufacture intelligent machines that perform many laborious household tasks. For example, the Roomba is a floor-cleaning robot about the size and shape of a round cake that moves independently around the room sucking up dirt. Sure, it may get stuck under the couch or miss some dirt in the corner, but it could make vacuums obsolete. A similar lawn-mowing robot, the Automower, cuts lawns by itself. Sensors keep it from running into lawn furniture, flowers, or pets. There are even robots with arms that can feed people with disabilities, and soft pillows with robot arms inside that can be remotely directed to contract, hugging whoever is holding the pillow.

Honesty and Deception

You may find that April 4 goes against your moral code, for it's Tell a Lie Day. Many ethical people live by the credo “Always tell the truth.” But do we? Researchers have discovered that most people tell occasional lies for several reasons. Sometimes we lie to gain other people's respect or to cover up for making mistakes. The good news is that most people lie to spare someone else's feelings from being hurt. If people choose to always be honest regardless of the consequences, that honesty could lead to injury or harm. Compassion may sometimes override honesty.

Lucky, then, that April 30 is Honesty Day. Honesty can certainly hurt sometimes, but it also takes courage and maturity to be honest in difficult situations. Furthermore, staying honest attracts other honest people to you. When you are surrounded by the truth, you can be your authentic self. The freedom that comes with honesty is worth celebrating!

Unraveling the Art of Tatting



While a handkerchief, table runner, doily, or collar made of intricate knotted lace appears nearly impossible to construct, the art of tatting is easy to learn. All you need to start tatting is thread, a

shuttle (a small device that helps guide a silk thread through loops into knots), and your two hands. Give it a try on April 1, International Tatting Day.

This decorative art form may have grown from the netting and ropework handmade by sailors and fishermen of olden times. Tatting became fashionable in the 1800s and enjoyed a surge in popularity during the 1950s and 1960s. Technology has usurped the handiwork required to make tatted lace, which means that handmade tatting is more precious than ever.

Savoring Art

April 13 is Slow Art Day. No, this doesn't mean you should draw pictures of turtles or molasses. It's just a day to spend some quality time with art, pondering the composition and closely contemplating the work.



For some, staring at a piece of art for 10 minutes or more may present a challenge. But Phil Terry, the founder of the slow art concept, discovered something highly rewarding when he spent hours studying two paintings in a New York City art museum one afternoon. He realized

he did not have to be a professional art critic to understand and appreciate art.

How does looking slowly at a piece of art heighten the experience? In the good old days, the expert craftsmanship of products was appreciated. Modern culture places an emphasis on mass production, often at the hands of unskilled craftspeople or in mechanized factories. One of the major benefits of slow art is appreciating the amazing expert craftsmanship it takes to make a work of art. Taking the time to really look at art allows us to appreciate each brushstroke, the choice of materials, and the step-by-step process of creating a work of art. With this heightened awareness of craftsmanship comes a deeper emotional connection to the artwork.

Museums around the world have embraced the slow art movement, and on April 13, many will offer tours that visit only a few works of art. These tours end with lunch, where visitors can discuss what they saw and how the art affected them. But Terry is quick to point out that Slow Art Day isn't confined to just museums. Taking the time to appreciate art can happen anywhere, from sculpture gardens to city parks to historic houses. In essence, Terry is simply repeating the old maxim "Stop and smell the roses." These roses just happen to be in a museum.

Mobile Milestone

On April 3, 1973, Motorola employee Martin Cooper stood on a New York City street corner and made the first cellular phone call to a colleague at Bell Labs in New Jersey. Unlike the first telegraph message ("What hath God wrought?") or the first telephone conversation ("Watson, come here. I want to see you."), Cooper's words have been forgotten. His device, however, is now everywhere, thanks to a purchase price far below the original price tag of \$3,995.

Let the Good Times Roll



All April long, opponents will be throwing their knuckles down. Don't worry, this isn't anything sinister. "Knuckles down" is the position you assume before shooting in a classic game of marbles. So, this April, Knuckles Down Month, you too can play for keeps.

The classic game of marbles is called ringer. Two parallel lines, lag lines, are drawn 10 feet away from each other. A large 10-foot circle is drawn between the lag lines. In the middle of the circle is a cross made of 13 target marbles, or mibs. To determine who plays first, each player lags from one lag line to the other; that is, they toss their shooter marble to the opposite line. The player whose shooter lands closest to the lag line goes first.

Play starts by knuckling down along the edge of the ring and using your thumb to cast your shooter at the mibs inside. The object is to knock a mib outside the circle while keeping your shooter inside. You next knuckle down inside the ring where your shooter landed. If you fail to knock out a mib, then it is your opponent's turn. The first player to knock out a majority of marbles wins, and it's up to you to determine whether to play for fair (return all marbles to their original owners) or play for keeps (the winner keeps all the marbles).

For the Love of Birds



Many have heard of the Audubon Society and know it as an environmental organization dedicated to studying and preserving birds and their natural habitats. The organization is named after John James Audubon, the French American painter of birds who dedicated his

life to his unique art. His birthday, April 26, is now celebrated as Audubon Day.

Audubon showed an affinity for birds starting in childhood. He spent hours roaming the countryside, collecting birds' nests and eggs, and drawing them once he returned home. Audubon's father was a sailor and hoped his son would join the navy, so John James went to military school. However, he suffered from seasickness and so returned to the woods.

In 1803, the Napoleonic Wars broke out in France. Audubon's father obtained a fake passport and sent John James to America to avoid the war. It was at his family's farm in Pennsylvania that Audubon devoted himself full-time to the outdoors: hunting, fishing, and drawing birds.

Audubon was obsessed with birds. In an effort to study their habits, he tied string around their legs to see if they returned year after year. He learned the art of taxidermy and worked in natural museums. But his greatest contribution to ornithology was his brilliant book *Birds of America*. He dedicated his life to drawing every single bird in America. His style was new and different: a highly detailed drawing of each bird, more accurate than ever before. His drawings were life-sized, with some pages over three feet tall and two feet wide. After 14 years of traveling the entire country, Audubon drew over 700 species of birds. *Birds of America* is often considered the greatest picture book ever made, and original copies have sold for over \$10 million. How's that for a nest egg?

April Resident Birthdays

- April 1st- Ruby King**
- April 4th- Dorothy Laurent**
- April 6th- Joyce Donius**
- April 6th- Sherry Lange**
- April 10th- Norene Becker**
- April 13th- Shirley Todd**
- April 13th- Jerry Tharp**
- April 16th- Mavis Grimm**
- April 16th- Emma Kaufman**
- April 17th-Betty Gulin**
- April 20th- Patricia Vander Pluym**
- April 22nd- Doris Arnold**
- April 26th- Jeanine Bivens**
- April 30th- Donald Eccher**

Major League Debut



On April 15, 1947, Jackie Robinson played his first major league baseball game with the Brooklyn Dodgers against the Boston Braves in front of a crowd of 25,000 spectators at Ebbets Field in Brooklyn. This marked the first moment that an African American athlete played a sport in any of the major leagues.

Robinson did not get a hit that day, but he was awarded the first ever Rookie of the Year title that year. In 1949, he was named the National League's Most Valuable Player. The next year, he became the Dodgers' highest paid player with a salary of \$35,000. In 1955, Robinson led the Dodgers to a World Series victory over the New York Yankees. A perennial All-Star and Hall of Famer, Robinson's number 42 was retired by all of baseball on April 15, 1997.



Austin Abeln, Dietary

Valerie Combs, CNA

Dalen Dinges, Dietary

Maddie Jordan, Receptionist

Carlton Mosley, Dietary

Alexis Spencer, Housekeeping

Ashia Swygeart, Housekeeping

March Employee of the Month

Sara Decker, Registered Nurse on Arbor Court



Here's what others had to say about Sara:

- Sara is kind and helpful to the residents and families.
- She goes above and beyond for her patients.
- She is a great nurse and pays close attention to details.
- She is always willing to help.
- She is a very smart nurse and a great asset.
- Her hard work and compassion for your job is a blessing for Oak Hill and our residents.
- She is always willing to step in and help the CNA's.
- We appreciate all that you do!

Interesting Facts about Sara:

Sara has worked for Oak Hill for 4 years as a Registered Nurse and 9 years as CNA. She resides in Waterloo, Illinois. She has an almost sixteen-year-old daughter. She enjoys reading, watching crime shows, and spending time with family and friends. Her most memorable moments at Oak Hill are the ones where she makes a difference in her resident's life because that is what she strives to do every day and those are the moments that mean the most to her. Her achievement is graduating top of her class at Lutheran School of Nursing. Her favorite food is burger. She would have liked to have met Abe Lincoln because we are birthday buddies and he's had such an influential role in American History. Her favorite TV Shows are Dexter, True Blood, and The Walking Dead. Her favorite sport to watch is Cardinal baseball. Her favorite musician is Carrie Underwood. Her three favorite movies to watch are any Harry Potter ones, Bridesmaids, and any Pirates of the Caribbean movies. Her best childhood memory is going on family vacations and making memories. If she could travel anywhere, she would go to Africa to see the Pyramids and go on an African safari. If she won a 50 million dollars, she would cry in disbelief and then set her family up and travel the world!

ALL STARS

Employees are recognized as those who have gone above and beyond. The staff that are recognized spin a wheel to win prizes. Prizes have been provided by the Endowment Committee. The recent All Stars were:

Ken Valleroy, Housekeeping – \$100 Cash



Sherry Milson – Dining Out



STAFF BIRTHDAYS

- April 2nd- Mary Lewis, Laundry Supervisor
- April 3rd- Janell Johanning, Laundry Aide
- April 5th- Tara Finnerty, CNA
- April 6th- Rebecca Dunker, LPN
- April 6th- Tara Knechtel, Dietary Supervisor
- April 7th- Jill Johnston, Laundry Aide
- April 10th- Erika King, LPN
- April 10th- Liz Pauline, Evergreen Director
- April 13th- Tracy Scheibe, Housekeeping Aide
- April 13th- Frances Studt, LPN
- April 14th- Rebecca Johnson, CNA
- April 15th- Rebecca Sippel, CNA
- April 18th- Lance Toenjes, Dietary Aide
- April 27th- James Griffin, Laundry Aide
- April 28th- Allyssa Wright, Infection Preventionist
- April 30th- Steven Forrester, Maintenance

Thursday April 4th is Cardinals home opener game day! Wear Cardinals gear! The spirit committee will provide hot dogs and nachos for residents and staff from 2pm-3pm in the back hallway!





1943 Rockford Peaches

WOMEN'S GROUP CELEBRATES OPENING BASEBALL DAY!

APRIL 4, 2024 @ Noon, Arbor Court Pavilion
We will be playing Women's Baseball Trivia and a game of T-ball. Refreshments will be provided.
Please contact Megan (nurse or restorative aide) in Restorative Therapy if you have any questions.
Hope to see you there!!!

St. Louis Cardinals

MARCH/APRIL

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----------|----------|----------|-----------|----------|----------|----------|
| | | | | LAD 3:10 | LAD 9:10 | LAD 8:10 |
| | | | | | | |
| LAD 6:10 | SD 8:40 | SD 8:40 | SD 3:10 | MIA 3:15 | | MIA 1:15 |
| | | | | | | |
| MIA 1:15 | PHI 6:45 | PHI 6:45 | PHI 12:15 | | ARI 8:40 | ARI 7:10 |
| | | | | | | |
| ARI 3:10 | OAK 8:40 | OAK 8:40 | OAK 2:37 | | MIL 7:15 | MIL 1:15 |
| | | | | | | |
| MIL 1:15 | ARI 6:45 | ARI 6:45 | ARI 12:15 | | NYM 6:10 | NYM 3:05 |
| | | | | | | |
| NYM 12:40 | DET 5:40 | DET 5:40 | | | | |

MAY

| SUN | MON | TUE | WED | THU | FRI | SAT |
|----------|----------|----------|-----------|----------|----------|----------|
| | | | DET 12:10 | | | CWS 7:15 |
| | | | | | | CWS 1:15 |
| | | | | | | |
| CWS 1:15 | NYM 6:45 | NYM 6:45 | NYM 12:15 | MIL 6:40 | MIL 7:10 | MIL 6:15 |
| | | | | | | |
| MIL 1:10 | LAA 8:38 | LAA 8:38 | LAA 8:07 | | BOS 7:15 | BOS 6:15 |
| | | | | | | |
| BOS 1:15 | BAL 6:45 | BAL 6:45 | BAL 12:15 | | CHC 7:15 | CHC 6:15 |
| | | | | | | |
| CHC 6:10 | CIN 3:10 | CIN 5:40 | CIN 12:10 | | PHI 5:40 | |

JUNE

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----------|----------|----------|-----------|----------|----------|----------|
| | | | | | | PHI 6:15 |
| | | | | | | |
| PHI 12:35 | HOU 7:10 | HOU 7:10 | HOU 1:10 | COL 6:45 | COL 7:15 | COL 3:15 |
| | | | | | | |
| COL 1:15 | | PIT 6:45 | PIT 6:45 | PIT 1:15 | CHC 1:20 | CHC 1:20 |
| | | | | | | |
| CHC 1:20 | MIA 5:40 | MIA 5:40 | MIA 11:40 | SF 6:15 | | SF 1:15 |
| | | | | | | |
| SF 1:15 | ATL 6:45 | ATL 6:45 | ATL 6:15 | CIN 6:45 | CIN 7:15 | CIN 1:15 |
| | | | | | | |
| CIN 1:15 | | | | | | |

JULY

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----------|--------------------|----------|-----------|-----------|----------|----------|
| | | PIT 5:40 | PIT 5:40 | PIT 11:35 | WSH 5:45 | WSH 3:05 |
| | | | | | | |
| WSH 12:35 | WSH 3:05 | KC 6:45 | KC 6:45 | | CHC 7:15 | CHC 1:15 |
| | | | | | | |
| CHC 1:15 | ALL-STAR WEEK 2024 | | | | ATL 6:20 | ATL 6:20 |
| | | | | | | |
| ATL 12:35 | PIT 5:40 | PIT 5:40 | PIT 11:35 | | WSH 7:15 | WSH 6:15 |
| | | | | | | |
| WSH 1:15 | TEX 6:45 | TEX 6:45 | TEX 1:15 | | | |

AUGUST

| SUN | MON | TUE | WED | THU | FRI | SAT |
|----------|----------|----------|----------|----------|----------|-----------|
| | | | | CHC 7:05 | CHC 1:20 | CHC 1:20 |
| | | | | | | |
| CHC 1:20 | | TB 6:45 | TB 6:45 | TB 6:15 | KC 7:10 | KC 6:10 |
| | | | | | | |
| | CIN 5:40 | CIN 5:40 | CIN 5:40 | LAD 7:15 | LAD 6:15 | |
| | | | | | | |
| LAD 1:15 | | MIL 6:45 | MIL 6:45 | MIL 1:15 | MIN 7:10 | MIN 6:10 |
| | | | | | | |
| MIN 1:10 | SD 6:45 | SD 6:45 | SD 6:45 | SD 1:15 | NYN 6:05 | NYN 12:05 |

SEPTEMBER

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----------|----------|----------|----------|-----------|----------|----------|
| NYN 12:35 | MIL 1:10 | MIL 6:40 | MIL 6:40 | | SEA 7:15 | SEA 6:15 |
| | | | | | | |
| SEA 1:15 | | CIN 6:45 | CIN 6:45 | CIN 12:15 | TOR 6:07 | TOR 2:07 |
| | | | | | | |
| TOR 12:37 | PIT 6:45 | PIT 6:45 | PIT 6:45 | PIT 6:15 | CLE 7:15 | CLE 6:15 |
| | | | | | | |
| CLE 1:15 | | COL 7:40 | COL 7:40 | COL 2:10 | SF 9:15 | SF 3:05 |
| | | | | | | |
| SF 2:05 | | | | | | |

HOME **AWAY**

Game times subject to change
All Game Times are Central Time

 Played at Rickwood Field – Birmingham, AL

All games broadcast on KMOX 1120 AM / 98.7 FM and the Cardinals Radio Network

All home games broadcast in Spanish on WIJR 880AM.

 = Bally Sports
F = FOX
E = ESPN or ESPN2
A+ = Apple TV+

Staff Anniversaries in April

Jaelynn Baker, Dietary, 2 years

Merry Baldwin, Social Services, 2 years

Kate Dunn, Activity Director, 2 years

Logan Jackson, CNA, 5 years

Kera Kiner, LPN, 3 years

Frances Studt, LPN, 32 years

Olivia Johnson, CNA, 3 years

Logan Szymanski, CNA, 3 years

Show-N-Tell

Arbor Court Residents will have the opportunity to participate in

Show-N- Tell on April 24th at 2:00 pm.

Families of residents are encouraged to assist their loved ones in gathering their favorite memories and/or objects to bring to this event.



Some ideas include:

Pictures

Souvenirs

Memorable gifts

Objects of remembrance

Residents who do not have an item to bring can also participate by speaking about a favorite object that comes to mind that brings dear memories.



Eclipse 2024

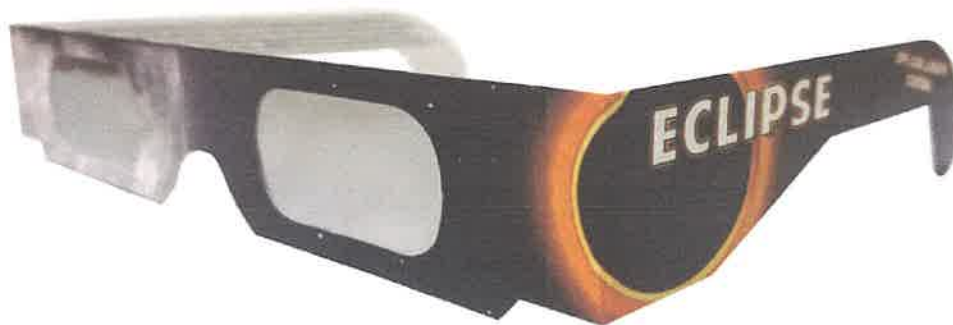
Residents and staff will participate in watching the Eclipse 2024 near the front entrance of Arbor Court toward the parking lot at 1:30 pm April 8th.

Eclipse glasses will be provided to both staff and residents.

Ice Cream will be served!



Come experience this once in a lifetime event!



Earth Day at Arbor Court

In honor of Earth Day, April 22nd, staff are encouraged to participate in pulling weeds and picking up trash around the building and garden area from 1:00 pm– 2:00 pm. Trash bags will be given at the front desk, and along with a participation reward.



Arbor Court residents will participate in honoring this day by receiving an educated presentation on the study and benefits of herbs at the 2:00 pm activity.



Let's get ready for Summer planting!

Love On A Leash Monthly Visit To Whispering Pines!



New Additions to Veterans Memorial Wall



Harry Breitenstein – Army



William Will - Navy

Recent Entertainment on the Pines



Tom Winter - Violin



Pearl Hirsch - Organ



Alan Brandt - Guitar

April

Magnolia Moments



Easter Crafting





Fill the Pot of Gold
Game Winner's

- **Ronnie**
- **Jackie**
- **Elsie**
- **Audrey**
- **Maggie**
- **Corrine**
- **Mary**
- **Johanna**





National



OREO COO



Face
The
Cookie
Game





National Flap Jack Day



March 7th





Lunch out @ Applebee's



Popcorn
Day





April
Birthday's

8th Elsie Hostetler

16th Jim Hansen

Balloon Game Record High

394 Hits



Bean Bag Toss

Winners

1st-Virginia

2nd-Johanna

3rd-Arline

Farkle Winners



Brenda Homrighausen welcomed a grandson and great granddaughter on March 19, 2024.

Myla Sue Gipson

9lbs 21 inches



Tucker James

Homrighausen

8lbs 15oz





Cents for Seniors
Our Random Act of Kindness

**We collected CENTS all month
(February)
and then donated it to the Senior Center
in Waterloo.**

Totaled collected was \$125.00

**Thank you, to everyone
who donated change!**



Acceptable Caps, Lids, & Bottles:

Any Plastic Cap/Lid with a Recycle Number



CAPS must be CLEAN and DRY

Any Drink Bottle Caps

Baby Food Caps

Deodorant Caps

Detergent Caps

Flip-Top Caps

Hair Spray Caps

Marker/Sharpie Caps

Juice/Tea/Milk Jug Caps

Ointment Tube Caps

Spray Paint Caps

Shampoo/Conditioner Caps

Medicine Bottle Caps

Spout Caps

Coffee Creamer Caps

Spice & Condiment Caps

Lids must be 8" or smaller

Sour Cream Lids

Butter/Margarine Lids

Parmesan/Feta Lids

Peanut Butter Jar Lids

Cottage/Cream Cheese Lids

Icing/Yogurt Lids

Coffee Can Lids

Mayonnaise Jar Lids

Whipped Topping Lids

Drink Mix Container Lid

Food Take Out Lids

Fast Food Drink Lids

Solid 6 Pack Can Holders

Pill Bottles (Label Removed)



Follow Green Tree Plastics - ABC Partnership on Facebook for Tips!



Magnolia Terrace will be collecting the items listed above to help

“WCP ‘Park It’ Campaign!

There is a basket in the breezeway by the popcorn machine. If you would like to join us in recycling the items listed above.

April is recycle month!

Thank you,
Magnolia Terrace



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|---|--|--|--|---|--|--|--|
|  Independent Bingo 7 2:00 pm- Movie Matinee | 8:00 am- House Calls 1 10:00am- Golf 10:30 am- April Fools Jokes 2:00 pm- Lucky Winner Cover All All Fools' Day | 8:00 am- House Calls 2 10:00 am- IN2L Games 2:00 pm-Step into Spring Trivia and Reminiscing | 8:00 am- House Calls 3 9:30 am- Seated Exercise 10:30 am- Rosary 2:00 pm-Card Lotto | 8:00 am- House Calls 4 10:00 am- Gospel Hymn Sing Along 10:30 am- UCC Church 2:00 pm- Cardinal Home Opener Celebration | 8:00 am- House Calls 5 10:00 am- Yoga 10:30 am- Dear Abby 2:00 pm- Dean Farris Gospel Machine | 6 Weekend Activity Packet 8:00 am- One on Ones 2:00 pm- Card Games with Holly | |
| Independent Bingo 7 2:00 pm- Movie Matinee | 8:00 am- House Calls 8 10:00 am- Stretch and Flex 10:30 am- Eclipse Knowledge and Education 1:30 pm- 2024 Eclipse | 8:00 am- House Calls 9 10:00 am- Spring Craft 2:00 pm- Resident Council | 8:00 am- House Calls 10 9:30 am- Seated Exercise 10:30 am- Catholic Mass 2:00 pm- Elizabeth Lacamp Entertainment | 8:00 am- House Calls 11 10:00 am-Gospel Sing Along 10:30 am- Lutheran Church 2:00 pm- Bingo | 8:00 am- House Calls 12 10:00am- Fun Fitness Friday 10:30 am- Yosemite National Geographic 2:00 pm- Rob Callmeyer Piano | 13 Weekend Activity Packet 2:00 pm- Crafts with Kate One on Ones 5:30 pm- Balloon Volleyball | |
| Independent Bingo 14 2:00 pm- Movie Matinee | 8:00 am- House Calls 15 10:00 am- Kickball 2:00 pm- Nit Pickers Music | 8:00 am- House Calls 16 10:00 am- Nail Care 2:00 pm- Horse Races | 8:00 am- House Calls 17 9:30 am- Seated Exercise 10:30 am- Catholic Mass 2:00 pm-Travel to Pacific Northwest Trail | 8:00 am- House Calls 18 10:00 am- Gospel Hymns 10:30 am- UCC Church 2:00 pm- Bingo | 8:00 am- House Calls 19 10:00 am- Stretch and Flex 10:30 am-Everglades National Geographic 2:00 pm- Terry Roberson Singing Cowboy | 20 Weekend Activity Packet 2:00 pm- Movie Matinee | |
| Independent Bingo 21 8:00 am- One on Ones 2:00 pm-Sun Room Games with Wendy | 8:00 am- House Calls 22 10:00 am- Move and Groove 10:30 am- ABC It! 2:00 pm- Herbal Benefits and Education Passover Begins Earth Day | 8:00 am- House Calls 23 10:00 am- IN2L Word Puzzles 2:00 pm- April Birthday's with Pearl Hirsch and Pizza Party! | 8:00 am- House Calls 24 9:30 am- Seated Exercise 10:30 am- Rosary 2:00 pm- Resident Show and Tell Administrative Professionals Day | 8:00 am- House Calls 25 10:00 am- Gospel Sing Along 10:30 am- New Life Church 2:00 pm- Bingo | 8:00 am- House Calls 26 10:00 am- Fun Fitness Friday 10:30 am- 2024 Garden Planning 2:00 pm- Jerry and Cherry Blues and Jazz Arbor Day | 27 Weekend Activity Packet 2:00 pm- Movie Matinee | |
| Independent Bingo 28 8:00 am- One on Ones with Holly 1:30 pm-Ron Schewe Accordion 1:30 pm- Presbyterian Church | 8:00 am- House Calls 29 10:00am- Resident Hockey 2:00 pm- Bingo | 8:00 am- House Calls 30 10:00 am- Nail Care 2:00 pm- Shopping Day! |   |  <h1 style="color: #008080;">April 2024</h1> | | |  |

Whispering Pines

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

| | | | | | | |
|--|---|---|--|--|---|--|
| <p>9:30 Arm & Shoulder Stretches</p> <p>10:00 Worship Service & Hymn Sing IN2L</p> <p>2:00 Netflix Movie Time</p> <p>3:00 Patio Time & Ice Cream</p> | <p>9:30 Ball Kick/Toss</p> <p>10:00 Trivia & Detective</p> <p>2:00 Guitar Sing-along</p> <p>3:00 Peanut Butter Cookies & Alexa</p> <p>Peanut Butter Lovers Day</p> <p>All Fools' Day</p> | <p>9:30 Seated Core</p> <p>10:00 Funny Kid Videos</p> <p>2:00 Terry Roberson - Singing Cowboy on Pines</p> <p>3:15 Read w\Grandma & Grandpa</p> | <p>9:30 Ring Toss</p> <p>10:00 Catholic Mass IN2L</p> <p>2:00 Bingo IN2L</p> <p>3:00 Coffee, Cookies & 40's Music Review</p> <p>Candy Bingo</p> | <p>9:30 Flexibility & Posture</p> <p>10:00 Arbor - Church*</p> <p>2:00 Joe Powell - Country Music on the Pines</p> <p>2:30 Baseball Hotdogs & Alexa</p> <p>Happy Birthday Dorothy! Cardinals Opener</p> | <p>9:30 Magazines & Coffee</p> <p>10:00 Pizza Chefs IN2L</p> <p>2:00 Activity Restorative Exercise Hour</p> <p>2:30 Make Pizza for National Pizza Day!</p> <p></p> | <p>9:30 Relaxation Music</p> <p>10:00 Library Cart</p> <p>2:00 Activity Restorative Exercise Hour</p> <p>3:00 Popcorn & Alexa</p> <p>Happy Birthday Sherry!</p> |
| <p>9:30 Morning Stretch</p> <p>10:00 Worship Service & Hymn Sing IN2L</p> <p>2:00 Garden Craft</p> <p>3:00 Garden Reminiscence & Tea Snacks</p> | <p>9:30 Arthritis Workout</p> <p>10:00 Famous Zoo Tours</p> <p>2:00 Make Bird Feeders - Houses</p> <p>3:00 Ice Cream* & Reminiscence</p> <p>Eclipse 2024</p> <p>*Provided by Spirit Committee</p> | <p>9:30 Ring Toss</p> <p>10:00 Catholic Mass*</p> <p>2:00 Bingo IN2L</p> <p>3:00 Coffee, Cookies & 50's Music Review</p> <p>Happy Birthday Norene!</p> | <p>9:30 Morning Stretch</p> <p>10:00 Arbor - Church*</p> <p>2:00 Singing Sheriff - Forrest on Pines</p> <p>3:00 Donut Shop & Alexa</p> <p></p> | <p>9:30 Magazines & Coffee</p> <p>10:00 Singing in the Rain</p> <p>2:00 Activity Restorative Exercise Hour</p> <p>3:00 Snack & Pandora Music on the Patio</p> | <p>9:30 Core Exercises</p> <p>10:00 Scrabble Day - Brain Fun - Crossword</p> <p>2:00 Movie</p> <p>3:00 Snack & Music on the Patio</p> | <p>9:30 Core Exercises</p> <p>10:00 Scrabble Day - Brain Fun - Crossword</p> <p>2:00 Movie</p> <p>3:00 Snack & Music on the Patio</p> |
| <p>9:30 Morning Stretch</p> <p>10:00 Worship Service & Hymn Sing IN2L</p> <p>2:00 Garden Craft</p> <p>3:00 Garden Reminiscence & Tea Snacks</p> | <p>9:30 Ball Kick/Toss</p> <p>10:00 Love on a Leash - Therapy Dogs</p> <p>2:00 Keyboard with Pearl</p> <p>3:00 Cookies & Alexa</p> <p></p> | <p>9:30 Ring Toss</p> <p>10:00 Catholic Mass*</p> <p>2:00 Bingo IN2L</p> <p>3:00 Coffee, Cookies & Classical Music</p> <p>Happy Birthday Betty G!</p> | <p>9:30 Flexibility & Posture</p> <p>10:00 Arbor - Church*</p> <p>2:00 Dave Sheppard - Karaoke on Pines</p> <p>3:00 Super Smoothies from Oak Hill Kitchen!</p> | <p>9:30 Magazines & Coffee</p> <p>10:00 Ball Kick/Toss</p> <p>2:00 Casino Day!</p> <p>3:00 Happy Hour & Music</p> <p>National Poker Day!</p> <p></p> | <p>9:30 Relaxation Music</p> <p>10:00 Library Cart</p> <p>2:00 Activity Restorative Exercise Hour</p> <p>3:00 Cheetos & Alexa</p> <p>Happy Birthday Patricia V!</p> | <p>9:30 Relaxation Music</p> <p>10:00 Library Cart</p> <p>2:00 Activity Restorative Exercise Hour</p> <p>3:00 Cheetos & Alexa</p> <p>Happy Birthday Patricia V!</p> |
| <p>9:30 Arm & Shoulder Stretches</p> <p>10:00 Worship Service & Hymn Sing IN2L</p> <p>2:00 Netflix Movie Time</p> <p>3:00 Patio Time & Music</p> | <p>9:30 Mindful Movement</p> <p>10:00 Travel the World</p> <p>2:00 Patio Fun & Planet Earth</p> <p>2:30 Earth Day Snacks & Music</p> <p>Passover Begins Earth Day</p> | <p>9:30 Ring Toss</p> <p>10:00 Catholic Mass IN2L</p> <p>2:00 Bingo IN2L</p> <p>3:00 Coffee, Cookies & 60's Music Review</p> | <p>9:30 Morning Stretch</p> <p>10:00 Arbor - Church*</p> <p>2:00 Penguin Town IN2L</p> <p>3:00 "Fish" Snack & Penguin Fun Facts</p> <p>National Penguin Day!</p> <p></p> | <p>9:30 Magazines & Coffee</p> <p>10:00 Arbor Day Trivia</p> <p>2:00 Activity Restorative Exercise Hour</p> <p>3:00 Pretzel Day Snack & Alexa</p> <p>Arbor Day</p> | <p>9:30 Chair Belly Dance</p> <p>10:30 Professional Dancers</p> <p>1:30 Gardening with Jeremy - Flower Boxes</p> <p>3:00 Patio Drinks\Snacks</p> | <p>9:30 Chair Belly Dance</p> <p>10:30 Professional Dancers</p> <p>1:30 Gardening with Jeremy - Flower Boxes</p> <p>3:00 Patio Drinks\Snacks</p> |
| <p>9:30 Morning Stretch</p> <p>10:00 Worship Service & Hymn Sing IN2L</p> <p>2:00 Gardening with Jeremy - May Flowers</p> <p>3:00 Tropical Drinks on Patio</p> | <p>9:30 Arthritis Workout</p> <p>10:00 Family Feud IN2L</p> <p>2:00 Sing-Along IN2L</p> <p>3:00 Birthday Party</p> <p>Monthly Birthday Party!</p> <p>Happy Birthday Donald!</p> <p>HAPPY BIRTHDAY</p> | <p>Administrative Professionals Day</p> | <p>Administrative Professionals Day</p> | <p>Administrative Professionals Day</p> | <p>Administrative Professionals Day</p> | <p>Administrative Professionals Day</p> |

April 2024

Activity schedule subject to change. IN2L touch screen computer. * Off unit activity

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

| | | | | | | |
|--|---|---|--|--|---|---|
| <p>April</p> <p>10:00 Exercise Video 1:30 Quarter Bingo 2:30 Wii Bowling 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game Wii Bowling</p> | <p>9:30 Sit & Be Fit 2:00 Bingo 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game Wii Bowling</p> <p><i>Club Food</i></p> <p>All Fools' Day</p> | <p>10:00 Farkle 1:15 Scenic Ride 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game Wii Bowling</p> | <p>9:15 Shopping @ Walmart 9:30 Exercise Video 10:30 Rosary ** 2:00 Bingo 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game Wii Bowling</p> | <p>9:30 Morning Manicures 10:00 Bible Study (Upstairs) 10:30 UCC Church ** 2:00 <i>Cardinals Home Opener Social Hour (Nachos)</i> 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game Wii Bowling</p> <p>WEAR CARDINALS GEAR/RED</p> | <p>9:30 Sit & Be Fit 10:15 Balloon Game 2:00 Tie Dying 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game</p> | <p>10:00 Exercise Video 1:30 Card Lotto 3:30 Walk the Halls 6:30 Grab your neighbors & come play a game Wii Bowling</p> <p>April</p> |
| <p>10:00 Exercise Video 1:30 Quarter Bingo 2:30 Wii Bowling 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game Wii Bowling</p> | <p>9:30 Sit & Be Fit 2:00 Bingo 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game Wii Bowling</p> <p><i>Happy Birthday Elsie!</i></p> | <p>9:15 Shopping @ Dollar Tree 9:30 Exercise Video 2:00 Painting 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game Wii Bowling</p> | <p>9:30 Sit and Be Fit 10:15 Balloon Game 10:30 Catholic Mass ** 2:00 Gardening Social Hour <i>Patio Pear Hall (Weather Permitting)</i> 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game Wii Bowling</p> | <p>9:30 Morning Manicures 10:00 Bible Study (Upstairs) 10:30 Lutheran Church ** 2:00 Birthday Party with Pearl 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game Wii Bowling</p> | <p>9:30 Sit & Be Fit 10:45 Lunch out @ Joe Boccardi's (Columbia) 2:00 Bingo (2 Card) 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game</p> | <p>10:00 Exercise Video 1:30 Secretariat (Movie) 3:30 Walk the Halls 6:30 Grab your neighbors & come play a game Wii Bowling</p> |
| <p>10:00 Exercise Video 2:30 Satin Hands & Social Hour 3:00 Hymn Singing 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game Wii Bowling</p> <p>Senior Living Week Begins -----></p> | <p>9:30 Exercise Video 12:00 <i>BBQ Picnic in your Pajamas</i> 2:30 <i>Circus Kaput with Josh</i> 3:30 Walk the Halls</p> <p><i>Pajama Day</i></p> | <p>9:00 Resident Council 10:00 Weights & B/P with Faith 12:00 Potato Bar with all the toppings 2:00 <i>50's Dance Party (Shakes & Music)</i> Wear your favorite shirt and dance shoes! <i>Happy Birthday Jim!</i></p> | <p>8:00 <i>Homemade Waffle Breakfast</i> 9:30 Shopping @ Walmart 9:30 Exercise Video 10:30 Catholic Mass ** 2:00 Bingo \$\$\$ 3:30 Walk the Halls</p> <p><i>Backwards & Mismatch Day</i></p> | <p>9:30 Morning Manicures 10:00 Bible Study (Upstairs) 10:30 UCC Church ** 2:00 <i>Music with Forrest & Soda Floats</i> 3:30 Walk the Halls</p> <p><i>Give a High Five & Hat Day</i></p> | <p>9:30 Sit & Be Fit 10:15 Balloon Game 12:00 <i>Pizza Party</i> 2:00 2 Card Bingo 3:30 Walk the Halls</p> <p><i>Wear your favorite Color!</i></p> | <p>10:00 Exercise Video 1:30 Card Lotto 3:30 Walk the Halls 6:30 Grab your neighbors & come play a game Wii Bowling</p> |
| <p>10:00 Exercise Video 1:30 Quarter Bingo 2:30 Wii Bowling 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game Wii Bowling</p> | <p>9:30 Sit & Be Fit 10:15 Balloon Game 2:00 Bean Bag Toss 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game Wii Bowling</p> <p><i>Wear Green</i></p> <p>Earth Day</p> | <p>9:15 Shopping @ Walmart 9:30 Exercise Video 2:00 Music with Terry Robertson 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game Wii Bowling</p> | <p>9:30 Sit & Be Fit 10:30 Rosary ** 11:00 Picnic @ the Park 2:00 Bingo 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game Wii Bowling</p> | <p>9:30 Morning Manicures 10:00 Bible Study (Upstairs) 10:30 Baptist Church ** 1:15 Shopping @ Dollar General (Valmeyer) 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game Wii Bowling</p> | <p>9:30 Sit & Be Fit 10:15 Balloon Game 2:00 Bingo (2 Card) 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game</p> <p>Pretzel Day Arbor Day</p> | <p>10:00 Exercise Video 1:30 (Movie) Mary Poppins 3:30 Walk the Halls 6:30 Grab your neighbors & come play a game Wii Bowling</p> |
| <p>10:00 Exercise Video 1:30 Presbyterian Church** 2:00 Satin Hands & Social Hour 3:00 Hymn Singing 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game Wii Bowling</p> | <p>9:30 Sit & Be Fit 2:00 Music with Rob Callmeyer & Happy Hour 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game Wii Bowling</p> <p><i>Wear Tie Dye</i></p> | <p>9:30 Crafting 1:30 Horse Races 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game Wii Bowling</p> | <p>9:30 Sit & Be Fit 10:30 Rosary ** 11:00 Picnic @ the Park 2:00 Bingo 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game Wii Bowling</p> | <p>9:30 Morning Manicures 10:00 Bible Study (Upstairs) 10:30 Baptist Church ** 1:15 Shopping @ Dollar General (Valmeyer) 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game Wii Bowling</p> | <p>9:30 Sit & Be Fit 10:15 Balloon Game 2:00 Bingo (2 Card) 3:30 Walk the Halls 6:30 Grab your neighbor & come play a game</p> <p>Pretzel Day Arbor Day</p> | <p>10:00 Exercise Video 1:30 (Movie) Mary Poppins 3:30 Walk the Halls 6:30 Grab your neighbors & come play a game Wii Bowling</p> |

April 2024

Magnolia Terrace

* All activities are subject to change.

** Church is held in the Oak Hill Activity Room.



April 1, 2024

Hello Residents, Families and Friends,

Oak Hill has new things happening within our home. I wanted to take a moment to inform everyone of the exciting changes beginning this month.

We will be changing from liquid oxygen to compressed oxygen. Residents currently using oxygen will continue to have an oxygen concentrator in their room. The only change will be the portable oxygen tanks as they will look different but still able to distribute the oxygen required for each individual resident.

For the residents utilizing incontinence products from Oak Hill, we are changing to the TENA brand. We feel with TENA there are more options available, and more comfortability provided for the residents. Therefore, you may see a slight change in the billing.

The last and most exciting change is Oak Hill is moving forward with resident centered care. The first part of the movement is liberalized medication administration. Liberalized medication administration is not a new concept in health care and has been available for quite some time. Liberalized medication administration allows for medications to be given over a time span. For example, medication is ordered once a day, previously it would have been scheduled for 8am, but with liberalizing the medication administration, it will have a time span to be given for between 7am-10am. There are some medications that are time sensitive and must still be given at specifically scheduled times and will be continued as ordered. Liberalized medication administration allows more flexibility for the residents and allows medications to be administered more in line with how one would normally take medications at home, therefore, making medication administration less institutionalized.

We are very excited about the new changes coming in April as we feel this will greatly benefit the residents!

Please don't hesitate to call with any questions.

A handwritten signature in black ink that reads "Mindy Hanna". The signature is fluid and cursive, with the first name "Mindy" and last name "Hanna" clearly legible.

Mindy Hanna, RN
Director of Nursing