

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2021

<b>Breakfast:</b> Coffee Cake <b>3</b>		<b>Breakfast:</b> Pancakes <b>4</b>		<b>Breakfast:</b> Muffins <b>5</b>		<b>Breakfast:</b> Biscuit & Gravy <b>6</b>		<b>Breakfast:</b> French Toast <b>7</b>		<b>Breakfast:</b> Pancakes <b>1</b>		<b>Breakfast:</b> Cinnamon Raisin Toast <b>2</b>	
<b>Lunch :</b> Fried Chicken Smothered Steak		<b>Lunch :</b> Pork Roast Spaghetti & Meatballs		<b>Lunch :</b> Baked Chicken Beef Stroganoff over Egg Noodles		<b>Lunch :</b> Asian Chicken Meatloaf		<b>Lunch :</b> BBQ Pork on Bun Roasted Turkey with Gravy		<b>Lunch :</b> White Chicken Chili Herbed Baked Cod		<b>Lunch :</b> Bacon Cheeseburger on Bun/ Brown Sugar Mustard Glazed Smoked Sausage	
<b>Dinner :</b> Sloppy Joe on a Bun Polish Sausage with Onions & Peppers		<b>Dinner :</b> Chicken Noodle Soup/ Bologna Sandwich Open Faced Turkey Sandwich		<b>Dinner :</b> Fish & Cheese Sandwich Beef Enchilada Casserole		<b>Dinner :</b> Deluxe Potato Ham Bake / Cheese Tortellini with Alfredo Sauce		<b>Dinner :</b> Cream of Tomato Soup / Grilled Cheese Chili Mac		<b>Dinner :</b> Popcorn Shrimp Beef & Macaroni		<b>Dinner :</b> Chicken Tenders Cheese Stuffed Shell with Marinara	
<b>Breakfast – Danish</b> <b>10</b>		<b>Breakfast – Pancake</b> <b>11</b>		<b>Breakfast – Cinnamon</b> <b>12</b>		<b>Breakfast-Banana Bread</b> <b>13</b>		<b>Breakfast – Donut</b> <b>14</b>		<b>Breakfast – Cinnamon Raisin</b> <b>8</b>		<b>Breakfast:</b> Donut <b>9</b>	
<b>Lunch – Pot Roast with Gravy Ham Loaf</b>		<b>Lunch – Cheddar Baked Chicken</b>		<b>Lunch – BBQ Beef on Bun Chicken Dumplings</b>		<b>Lunch – Oven Fried Chicken Swiss Steak</b>		<b>Lunch – Residents Choice</b>		<b>Lunch – Fried Catfish Ham &amp; Beans</b>		<b>Lunch :</b> Cranberry Glazed Pork Loin Cheeseburger on a Bun	
<b>Dinner – Cream of Broccoli Soup / Egg Salad Sandwich Beefy Ravioli</b>		<b>Dinner –Pork Fritter Chicken Soft Tacos</b>		<b>Dinner – Chicken &amp; Wild Rice Soup / Chef Salad French Dip Beef Sandwich</b>		<b>Dinner – BBQ Meatballs Chicken Patty on Bun</b>		<b>Dinner – Grilled Frank on Bun Chicken Salad Sandwich</b>		<b>Dinner : Beef Stew Tuna Salad Sandwich</b>		<b>Dinner : Country Fried Steak Creamy Chicken Spaghetti</b>	
<b>Breakfast – Cinnamon</b> <b>17</b>		<b>Breakfast – Pancake</b> <b>18</b>		<b>Breakfast – Muffin</b> <b>19</b>		<b>Breakfast – Éclair</b> <b>20</b>		<b>Breakfast – French Toast</b> <b>21</b>		<b>Breakfast – Biscuits &amp; Gravy</b> <b>15</b>		<b>Breakfast – Muffin</b> <b>16</b>	
<b>Lunch- Glazed Ham Herbed Chicken Breast</b>		<b>Lunch – Meatloaf Sliced Roast Turkey</b>		<b>Lunch – Chili Grilled Cheese Honey Glazed Pork Chop</b>		<b>Lunch – Smoked Sausage Baked Turkey Crunch</b>		<b>Lunch – Pizza Bacon Ranch Chicken</b>		<b>Lunch–Lemon Baked Fish Roast Pork</b>		<b>Lunch – Chicken Fettuccini Alfredo</b>	
<b>Dinner – Tuna Noodle Casserole Hawaiian Meatballs</b>		<b>Dinner–Homemade Garden Vegetable Soup Ham Salad Sandwich Salami Sandwich</b>		<b>Dinner – Homemade Beef Pot Pie Grilled Ham &amp; Swiss on Rye</b>		<b>Dinner-Quiche Lorraine Country Fried Steak</b>		<b>Dinner – Philly Cheesesteak with Grilled Onions on Bun Chicken Scampi Tomatoes</b>		<b>Dinner – Clam Chowder Cheddar Egg Bake / Grilled Turkey &amp; Swiss Sandwich</b>		<b>Dinner – Beef &amp; Broccoli Stir Fry Dinner – Patty Melt Breaded Fish Nuggets</b>	
<b>Breakfast–Coffee Cake</b> <b>24</b>		<b>Breakfast – Cinnamon</b> <b>25</b>		<b>Breakfast – French Toast</b> <b>26</b>		<b>Breakfast: Danish</b> <b>27</b>		<b>Breakfast: Donut</b> <b>28</b>		<b>Breakfast: Pancakes</b> <b>29</b>		<b>Breakfast: Cinnamon Raisin</b> <b>30</b>	
<b>Lunch – Cornflake Chicken Beef Tips in Gravy</b>		<b>Lunch – Italian Baked Tilapia Apple Glazed Pork Loin</b>		<b>Lunch – Roast Beef Bratwurst</b>		<b>Lunch : Smokey Mountain Chicken Baked Sausage Ziti</b>		<b>Lunch : Taco Salad Baked Ham</b>		<b>Lunch : White Chicken Chili Herbed Baked Cod</b>		<b>Lunch :Bacon Cheeseburger on Bun/ Brown Sugar Mustard Glazed Smoked Sausage</b>	
<b>Dinner – Meatball Sub Sandwich BBQ Riblette on Bun</b>		<b>Dinner – Egg Salad Cold Plate/ Grilled Turkey &amp; Cheese Sandwich</b>		<b>Dinner – Sausage Cuts with Sautéed Onions &amp; Peppers Chicken Stew</b>		<b>Dinner : Tomato Basil Soup/ Salmon Patty Braunschweiger Sandwich</b>		<b>Dinner : Biscuit &amp; Gravy French Toast Sausage &amp; Bacon</b>		<b>Dinner : Popcorn Shrimp Beef &amp; Macaroni</b>		<b>Dinner : Chicken Tenders Cheese Stuffed Shell with Marinara</b>	
<b>Breakfast:</b> Coffee Cake <b>31</b>													
<b>Lunch :</b> Fried Chicken Smothered Steak													
<b>Dinner :</b> Sloppy Joe on a Bun Polish Sausage with Onions													



# Meal Calendar

