

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Daylight Saving Time Ends	2 Sit & Be Fit Bingo	3 Nail Care	4 Sit & Be Fit Bingo	5 Donut Day Nail Care Happy Birthday Bob Mertens & Fred Meister!	6 Sit & Be Fit 2 Card Bingo	7
8	9 Sit & Be Fit Bingo Nuts about Peanut Butter Day!	10 Nail Care  Candy Corn Toss Vanilla Cupcake Day	11  Sit & Be Fit Bingo <small>Veterans Day Remembrance Day (Canada)</small>	12 Nail Care  Christmas Craft	13 Sit & Be Fit 2 Card Bingo	14 Happy Birthday Joan Zeisset !
15	16 Sit & Be Fit Bingo	17 Resident Council  Christmas Craft	18 Sit & Be Fit Bingo	19 Nail Care  Birthday Party	20 Sit & Be Fit 2 Card Bingo	21 Happy Anniversary Bob & Kathleen!
22	23 Sit & Be Fit Bingo	24 Nail Care Hall Decorating For Christmas	25 International Hat Day (Wear your favorite hat) Sit & Be Fit Thanksgiving Bingo	26  <small>Thanksgiving Day (US)</small>	27	28
29	30 Sit & Be Fit Bingo Happy Birthday Marilee Johnson!	 <h1>November 2020</h1> 				

- Activities Subject to Change